

**SESBANIA SESBAN TRAINING IN UPENDO ON 23RD SEPTEMBER, 2021 AT JANE
OBWORA'S PLACE STARTING FROM 2PM-5PM**

No	Name	Phone no.	No. of seedballs
1.	LEONIDA OWUORI Chairperson	0797432779	100
2.	SELINA WANDERA Treasurer	0701603562	100
3.	WASHINGTONE OBWOGO Secretary	0707753908	100
4.	MACBETH ODERO	0727026850	100
5.	EVERLYN EGONDI	0710789783	100
6.	EMILY SHIKUKU	0791286168	100
7.	MARY ANYANGO		100
8.	JOYCE JWENGE	0723094361	100
9.	FAISI NABWIRE	0711603374	100
10.	TOPISTER MUNYENDO	0791372565	100
11.	JANE OBWORA	0729002481	100
12.	REGINA NABWIRE	0701603562	100
13.	ALMERDA BARASA		100
14.	ROSEMARY OBWOGO	0707753908	100
15.	HELLEN NAFULA	0729002481	100
16.	FLORENCE AKUKU		100
17.	EVERLYN ANYANGO	0748875588	100
18.	ANJELINA NABWIRE	0791286168	100
19.	ALICE AJIAMBO	0797335780	100
20.	BRIDGIT Jael AYUMA	0701708315	100

TRAINING

- Description of sesbania sesban
- There was a description of a sesbania sesban plant to members and also showing them the plant from the picture on the training manual.
- Members were able to identify the plant because it is found along the streams here in Busia.
- The leaves are compound up to 12cm long with oblong notched narrowed leaves up to 20cm long with pale yellow flowers.
- It tolerates acidic soils as well as very alkaline and saline ones.
- It is first growing and can be harvested 3 to 4 times in a year.
- It is a quick growing multipurpose crop which is well adapted to seasonal fluctuations in moisture to seasonal flooded environments.

USES

- Foliage for goats, sheep and cattle.
- Can be fed fresh or dried
- Firewood and charcoal
- Soil conservation and fertility improvement
- It discourages striga, a parasitic weed very damaging for maize
- It makes a good hedge to be planted around the plot
- Can also be planted in maize streams
- Can be used as green manure or mulch

PLANTING

- Select a place with most favorable growth conditions
- Dig a trench or depression to encourage water collection
- Remove some surroundings and weeds, protect with fence or branches to limit livestock access
- Put seedballs gently direct to the soil and the rains will soak the seedballs
- It can also be planted on the contour between crops e.g. maize, beans, & other fodder
- Weeding should be done
- It can be harvested 3 to 4 times in a year.
- It is important not to remove all leaves; at least 5 to 25% of the foliage should be left.
- Note: It should not be included in poultry diet and it should only be fed in limited amounts to other non-ruminants



Upendo Women's Group: Members with their seedballs.

Below are the pictures for the group members receiving their seedballs after the training



Seedballs arranged in a hundred for members to receive.



**Emily Shikuku, Leonida Owuori, Everlyn Anyango, Rosemary Obwogo
and Selina Wandera picking their seedballs.**